**Liberty High School**

**Sports Medicine Job Shadow**

Student: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Job Site: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Date** | **Hours** |  | **Date** | **Hours** |  | **Date** | **Hours** |  | **Date** | **Hours** |
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Total Hours of Job Shadow: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Person(s) Shadowed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Signature Signature

1. Describe the department/work site you visited. (What services are provided there?)
2. What were the title and responsibilities of your workplace host?
3. What type of work activities did you observe during your job shadowing experience?
4. What did you like best about your job shadowing experience?
5. What did you like least about your job shadowing experience? Why?
6. What surprised you most about what you observed, heard, did, or learned?
7. If you wanted to work in the department/work site you visited, what might you do to prepare in the next five years, both in high school and afterwards?
8. Would you consider a career in the type of industry in which you job shadowed?

Why or why not?

1. From your perspective (your interests, abilities, and goals) identify aspects of the job that were:

Positive:

Negative:

1. Did the job shadowing experience influence your career choice/goals?

How?